

PRINT-MAKING ANIMATION COMICS BADGE-MAKING KEY RINGS GAMES

# CREATE/PLAY

## WEEKLY CREATIVE WELLBEING GROUP

For neurodivergent, anxious, burned out young people who are struggling to go to school or are EOTAS.

✨ **TUESDAY AFTERNOONS, 1PM-3PM** ✨

Chilled, no pressure space, run by experienced neurodivergent artists from A Collective

Ages 10-15, no diagnosis or EHCP needed

**Drop-in welcome session: 28<sup>th</sup> April**

**Info / register: [jill@acollective.org.uk](mailto:jill@acollective.org.uk)**



@ The Story Sanctuary,  
the old Sanderstead Library  
Farm Fields, CR2 0HL



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### General Information

This programme is designed for young people in Years 6 to 10 who have very low / no attendance and are disengaged from school. Aimed at neurodivergent, anxious and/or burned-out young people who could benefit from a neuro-affirming space outside the school setting.

Led by a team of neurodivergent artists, arts educators and creative facilitators, we're experienced in creating quiet, low-pressure spaces where young people can slowly start to re-engage. There are no expectations: come, hangout – no need to speak, or join in, or finish things – it's simply somewhere to chill and discover things you enjoy, with adults and peers like yourself.

We aim to support young people to develop self-esteem, confidence and friendships, and understand more about themselves. With parent/carer consent, we can share reasons for non-attendance with schools and educational psychologists so that this can be fed into support plans and strategies.

- **Tuesdays from 1pm–3pm, schedule below**
- For young people who are:
  - on roll in mainstream education
  - EOTAS (educated other than at school)
  - home educated young people, recently deregistered due to school-related distress
- Not suited to young people:
  - with intellectual disability
  - who need 1-to-1 support
  - who struggle to manage emotional outbursts that affect others
- **Free to attend for Croydon residents**



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### Schedule: Tuesdays 1pm-3pm

28<sup>th</sup> April

**Welcome, drop-in session:** no pre-registration required

5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> May

**Getting to know sessions:** a range of fun, sensory friendly activities, new attendees also welcome to drop in

26<sup>th</sup> May

*Half term, no session*

2<sup>nd</sup> June – 7<sup>th</sup> July

**Weekly create/play sessions:** a broad selection of materials, projects, games and activities, all optional - chosen by the young people according to their interests – focus on relaxed enjoyment not outcomes

### Find Out More

If you would like to arrange a 1:2:1 Zoom or WhatsApp to get a virtual tour of the space, just let us know – young people do not need to speak and can keep their cameras off.

For more information and to express an interest/register, please contact [jill@acollective.org.uk](mailto:jill@acollective.org.uk)

### Feedback

*"From the bottom of my heart, thank you. Thank you for creating the space you have. X enjoyed today so much. It's the biggest thing she's done since hitting burnout."*

*"When I pick up X after the sessions there always a huge smile on his face. He feels so happy. He always looks forward to Tuesday sessions."*

*"I loved going and would love to come back."*



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